

FARMAKOTERAPI OBAT SISTEM PENCERNAAN II dan ENDOKRIN

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I. Tujuan Belajar

Diharapkan mahasiswa mampu :

1. Memahami jenis-jenis insulin dan mampu menganalisis indikasi, kontraindikasi, efek samping, interaksi dan cara penggunaan insulin
2. Memahami jenis-jenis OAD dan mampu menganalisis indikasi, kontraindikasi, efek samping, interaksi dan cara penggunaannya
3. Memahami jenis-jenis obat hipolipidemi dan mampu menganalisis indikasi, kontraindikasi, efek samping, interaksi dan cara penggunaannya
4. Memahami jenis-jenis obat yang digunakan pada kasus GERD dan mampu menganalisis indikasi, kontraindikasi, efek samping, interaksi dan cara penggunaannya

II. *Prerequisite knowledge*

Sebelum melakukan praktikum mahasiswa harus memahami :

1. Biokimia metabolisme karbohidrat dan lemak
2. Patofisiologi DM tipe 2, Hiperlipid, GERD
3. Farmakodinamik dan farmakokinetik dasar

III. Kegiatan Pembelajaran

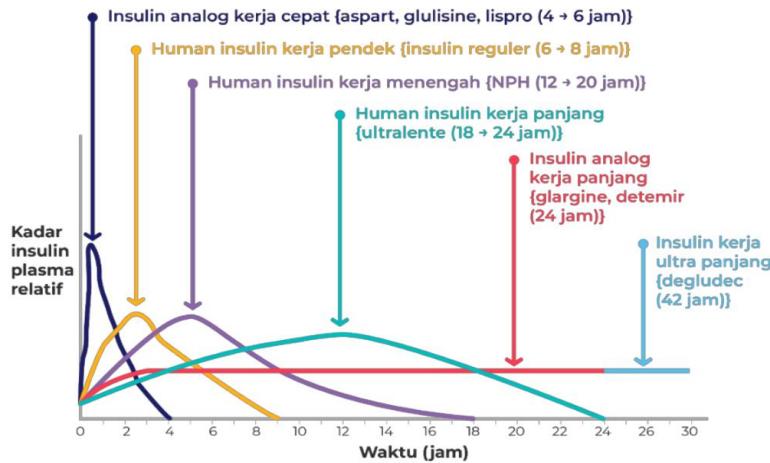
Pembelajaran dilakukan dalam tahapan sebagai berikut:

| Tahapan pembelajaran | Lama | Metode | Pelaksana/ Penanggung Jawab |
|---|----------|------------------------|-----------------------------|
| Pre tes | 10 menit | Test | Dosen |
| Presentasi Pembahasan Modul dan diskusi | 80 menit | Presentasi Tanya Jawab | Mahasiswa |
| Feed back dan resume | 10 | Ceramah | Dosen |

IV. Sumber belajar

FARMAKOTERAPI INSULIN

Penggolongan Insulin

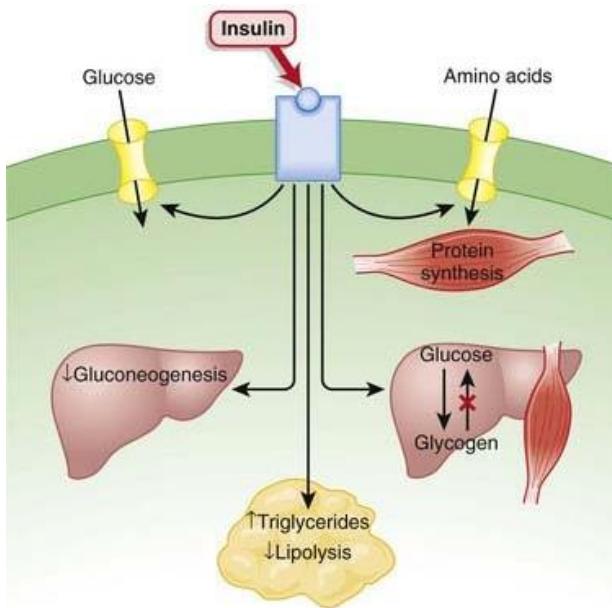


Gambar 1. Penggolongan insulin berdasarkan onset dan durasi (Perkeni, 2021)

| Fungsi Insulin | Jenis Insulin | Profil Farmakokinetik | Awitan (Onset) | Puncak Efek | Lama Kerja | Kemasan | |
|--|-------------------------|---|------------------------------------|---------------------|---------------------|--|--------------------------------|
| Basal | Human Insulin | Kerja Menengah <ul style="list-style-type: none"> Humulin® N Insulatard® Insuman® Basal | | 1,5 → 4 jam | 4 → 10 jam | 5 → 12 jam | Vial Penfill Vial |
| | | Kerja Panjang <ul style="list-style-type: none"> Glargine (Lantus®) Detemir (Levemir®) | | 1 → 3 jam | Hampir tanpa puncak | 12 → 24 jam | Pen/Vial 100 U/mL Pen 100 U/mL |
| | | Kerja Ultra-Panjang <ul style="list-style-type: none"> Degludec (Tresiba®) | 30 → 60 menit | Hampir tanpa puncak | Sampai 48 jam | Pen | |
| | Biosimilier Analog | <ul style="list-style-type: none"> Glargine U300 (Lantus® XR) | 1 → 3 jam | Tanpa puncak | >24 jam | Pen 300 U/mL | |
| | | Kerja Panjang <ul style="list-style-type: none"> Glargine (Basaglar ®) | 1 → 2 jam | Tanpa puncak | 24 jam | Vial cartridge disposable Penfill cartridge 100 U/mL | |
| | | <ul style="list-style-type: none"> Glargline (Ezelin ®) | 1 → 2 jam | Tanpa puncak | 24 jam | Pen/flexpen 100 U/mL | |
| Prandial | Human Insulin (Reguler) | Kerja Pendek <ul style="list-style-type: none"> Humulin R® Actrapid ® Insuman® Sansulin® | | 30 → 45 menit | 2 → 4 jam | 6 → 8 jam | Vial Penfill |
| | | Kerja Cepat <ul style="list-style-type: none"> Lispro (Humalog®) Aspart (Novorapid®) Glulisin (Apidra®) | | 5 → 15 menit | 1 → 2 jam | 4 → 6 jam | Vial/pen Flexpen Vial/pen |
| Premixed | Human Insulin | <ul style="list-style-type: none"> Humulin® 30/70 (30% regular, 70% NPH*) | 30 → 60 menit | 3 → 12 jam | 14 → 24 jam | Vial 30/70 Penfill | |
| Fixed-Ratio Combination (Insulin Basal dan GLP-1 RA) | Analog | <ul style="list-style-type: none"> Mixtard® 30/70 (30% regular, 70% NPH*) Humalog® Mix 25/75 (25% lispro, 75% protamin lispro) Humalog® Mix 50/50 (50% protamin lispro, 50% lispro) Novomix® 30/70 (30% aspart, 70% protamin aspart) Co-formulation Degludec-Aspart : Ryzodeg® 70/30 atau iDegAsp (70% degludec, 30% aspart) | | | | | |
| | | | 15 → 30 menit | 1 → 4 jam | 4 → 6 jam | Vial 10 mL; Pen 3 mL Penfill/flexpen | |
| | | | | | | | |
| | | | 9 → 14 menit | 72 → 80 menit | 24 jam | Prefilled pen : 3 mL; 100 U/mL | |
| | | Glargin/Lixisenatide (iGlarLixi) → Soliqua ® | Segera saat makan besar | Tanpa puncak | 24 jam | <ul style="list-style-type: none"> Pre-filled pen : <ul style="list-style-type: none"> Soliqua® 10 – 40 (mengandung 100 unit Glargin + 50 mcg Lixisenatide/mL solution for injection) Soliqua® 30 – 60 (mengandung 100 unit Glargin + 33 mcg Lixisenatide/mL solution for injection) | |
| | | Degludex/Liraglutide (iDegLira) → Victoza ® dan Xultophy ® 100/3.6 | Segera saat makan atau tanpa makan | Tanpa puncak | 24 jam | <ul style="list-style-type: none"> Pre-filled pen : <ul style="list-style-type: none"> Xultophy® 100/3.6 (mengandung 1 unit Degludec + 0.036 mg Liraglutide) | |

Keterangan : GLP-1 RA (Glucagon like peptide-1 receptor agonist), NPH (Neutral Protamine Hagedorn)

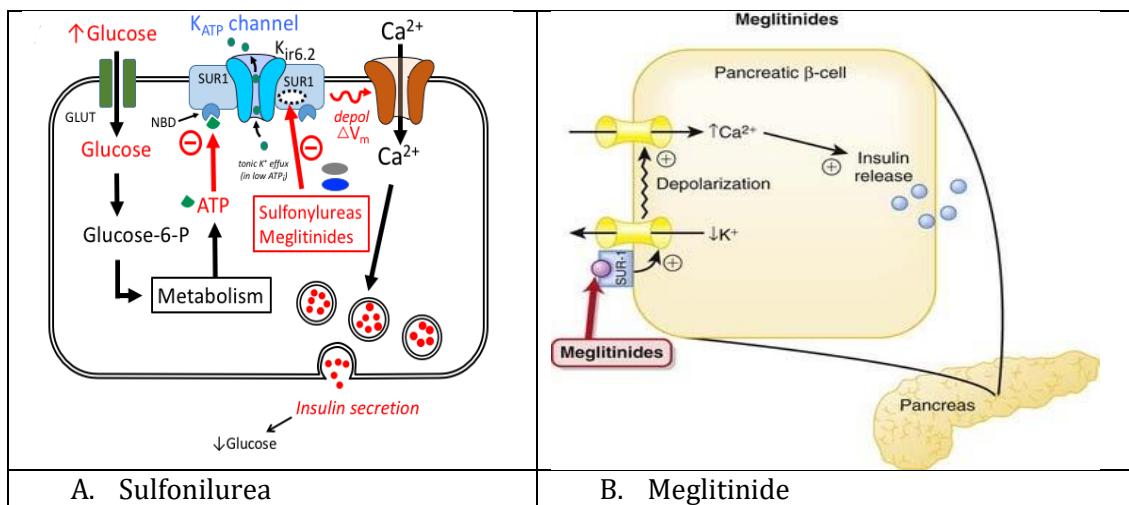
Gambar 2. Profil Kinetik Masing-masing Insulin (Perkeni, 2021)

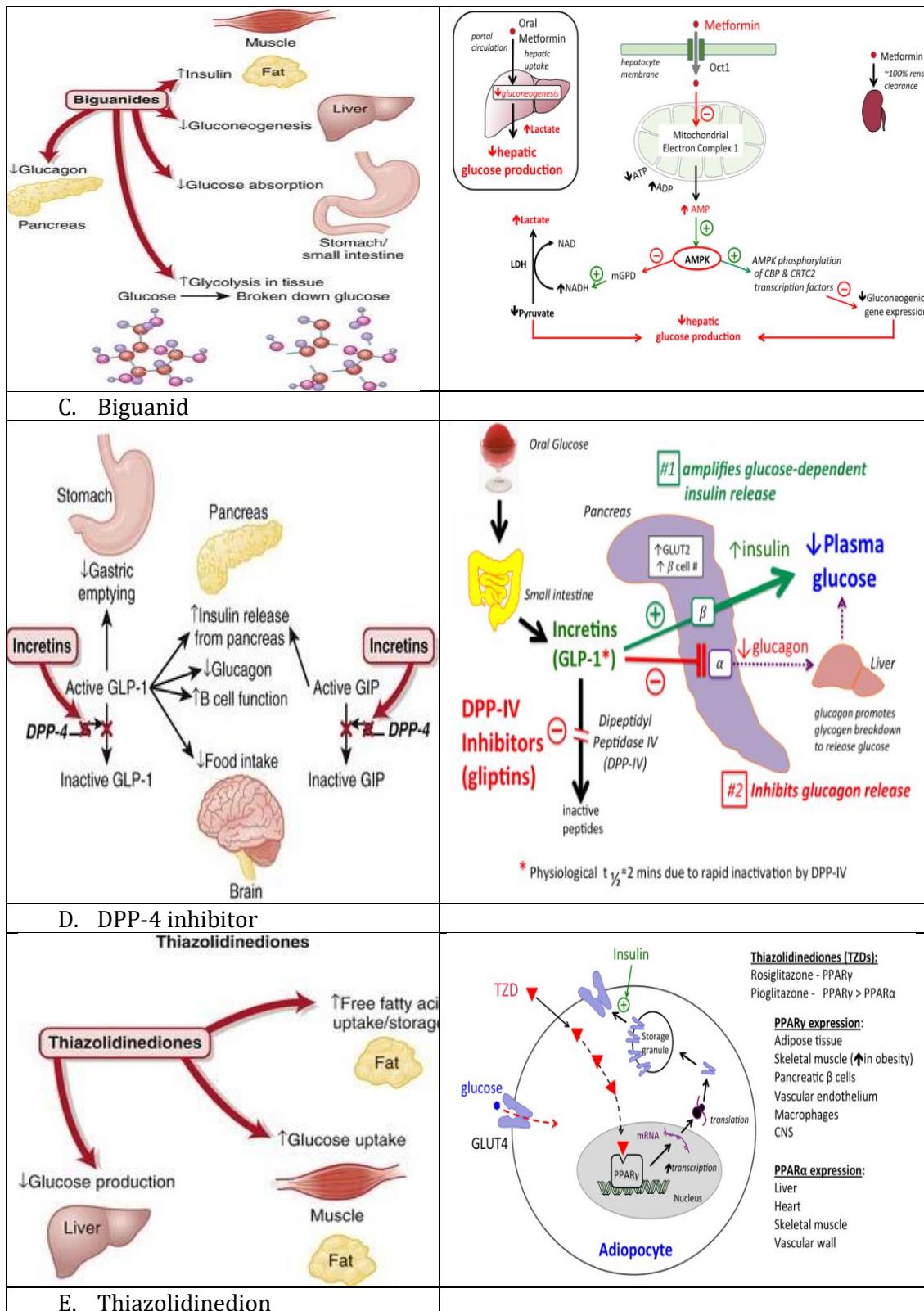


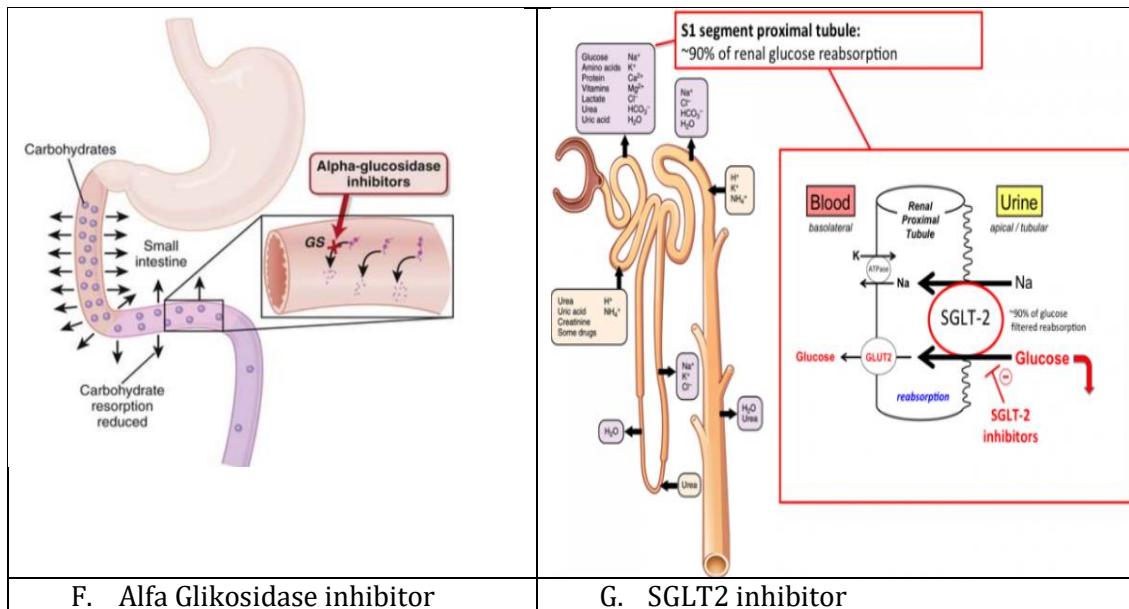
Gambar 3. Farmakodinami Insulin (clinical gate.com)

FARMAKOTERAPI ORAL ANTIDIABETIK

Farmakodinamik OAD







Gambar 4. Farmakodinami OAD

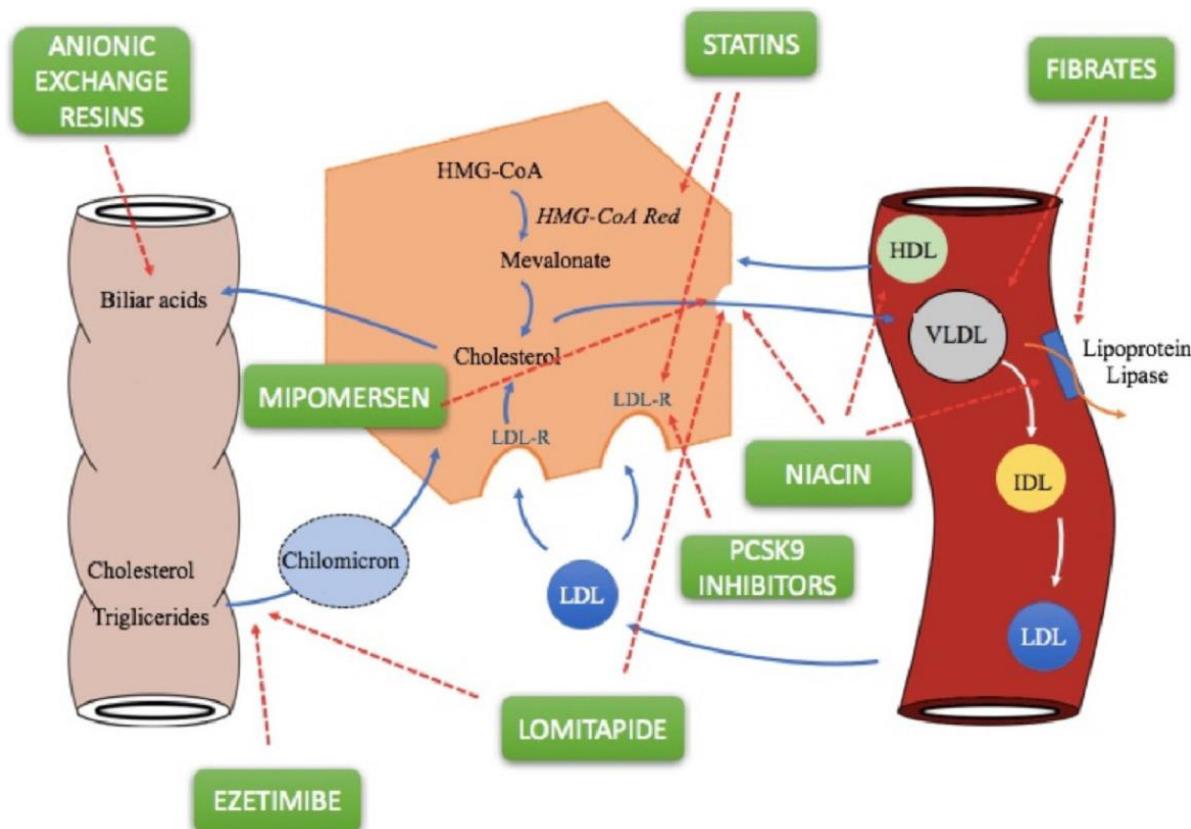
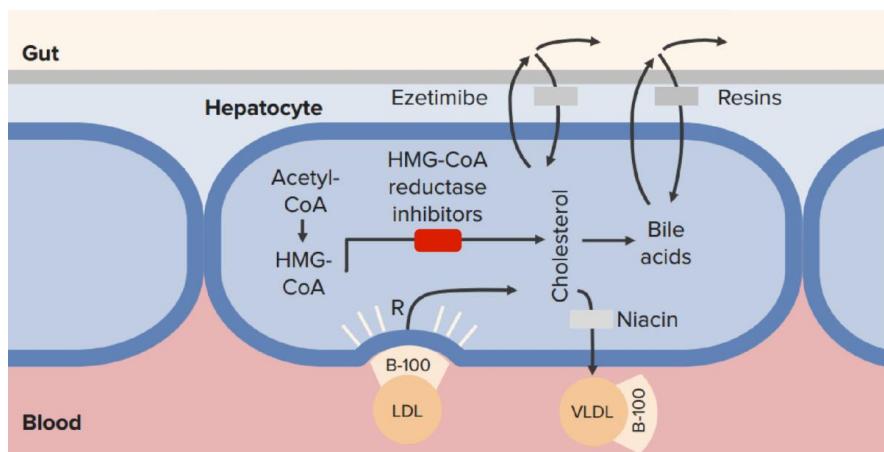
Profil Kinetik OAD

| Subclass | Mechanism of Action | Effects | Clinical Applications | Pharmacokinetics, Toxicities, Interactions |
|---|---|--|----------------------------|---|
| INSULINS | | | | |
| <ul style="list-style-type: none"> Rapid-acting: Lispro, aspart, glulisine Short-acting: Regular Intermediate-acting: NPH Long-acting: Detemir, glargin | Activate insulin receptor | <ul style="list-style-type: none"> Reduce circulating glucose promote glucose transport and oxidation; glycogen, lipid, protein synthesis; and regulation of gene expression | Type 1 and type 2 diabetes | <ul style="list-style-type: none"> Parenteral (SC or IV) • duration varies (see text) Toxicity: Hypoglycemia, weight gain, lipodystrophy (rare) |
| SULFONYLUREAS | | | | |
| <ul style="list-style-type: none"> Glipizide Glyburide Glimepiride | Insulin secretagogues: Close K ⁺ channels in beta cells • increase insulin release | <ul style="list-style-type: none"> In patients with functioning beta cells, reduce circulating glucose • increase glycogen, fat, and protein formation • gene regulation | Type 2 diabetes | <ul style="list-style-type: none"> Orally active • duration 10–24 h • Toxicity: Hypoglycemia, weight gain |
| <ul style="list-style-type: none"> Tolazamide, tolbutamide, chlorpropamide: Older sulfonylureas, lower potency, greater toxicity; rarely used | | | | |
| GLITINIDES | | | | |
| <ul style="list-style-type: none"> Repaglinide | Insulin secretagogue: Similar to sulfonylureas with some overlap in binding sites | <ul style="list-style-type: none"> In patients with functioning beta cells, reduces circulating glucose • increases glycogen, fat, and protein formation • gene regulation | Type 2 diabetes | <ul style="list-style-type: none"> Oral • very fast onset of action • duration 5–8 h • Toxicity: Hypoglycemia |
| <ul style="list-style-type: none"> Nateglinide | Insulin secretagogue: Similar to sulfonylureas with some overlap in binding sites | <ul style="list-style-type: none"> In patients with functioning beta cells, reduces circulating glucose • increases glycogen, fat, and protein formation • gene regulation | Type 2 diabetes | <ul style="list-style-type: none"> Oral • very fast onset and short duration (< 4 h) • Toxicity: Hypoglycemia |
| BIGUANIDES | | | | |
| <ul style="list-style-type: none"> Metformin | Obscure: Reduced hepatic and renal gluconeogenesis | Decreased endogenous glucose production | Type 2 diabetes | <ul style="list-style-type: none"> Oral • maximal plasma concentration in 2–3 h • Toxicity: Gastrointestinal symptoms, lactic acidosis (rare) • cannot use if impaired renal/hepatic function • congestive heart failure (CHF), hypoxic/acidotic states, alcoholism |

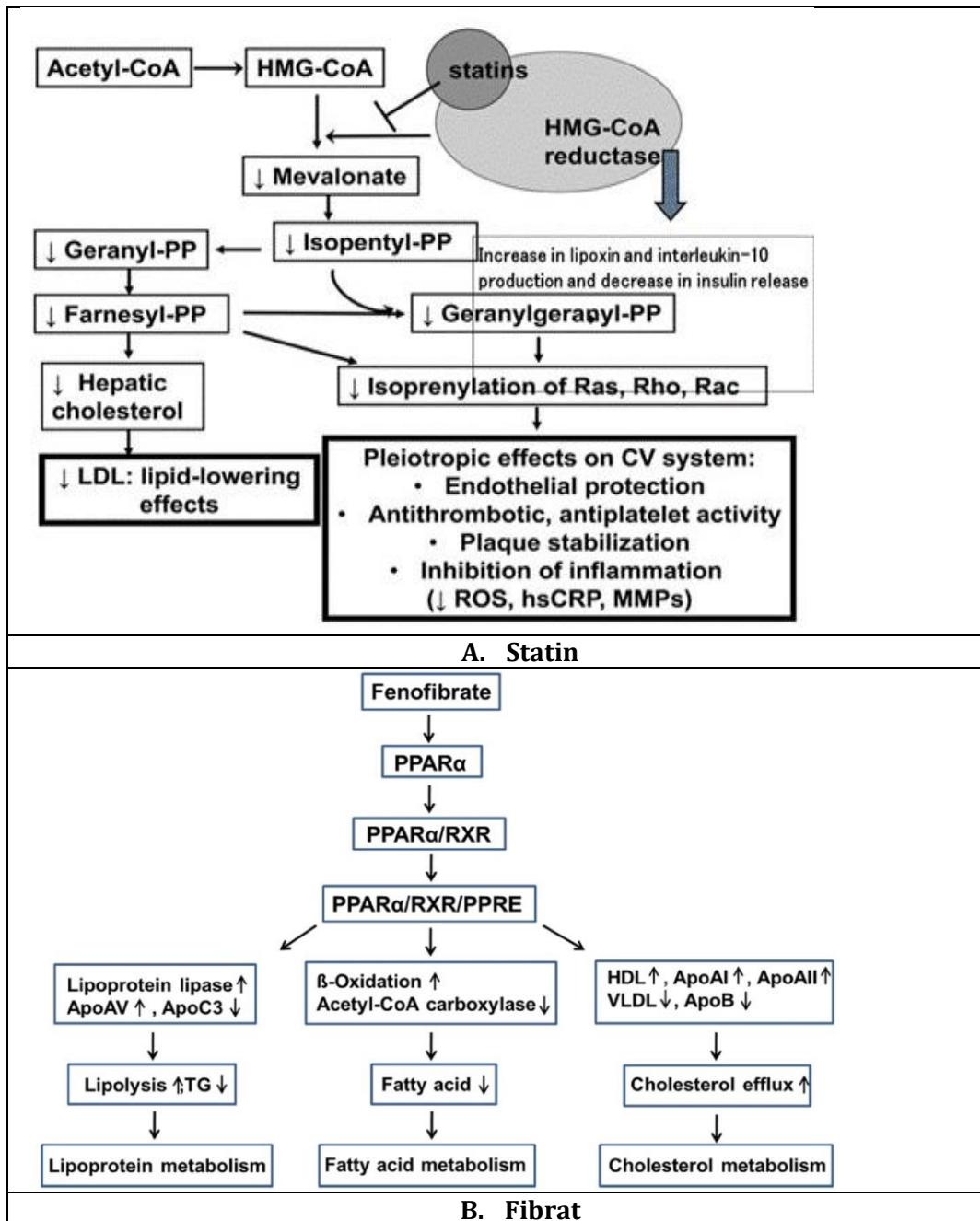
| | | | | |
|---|---|--|----------------------------|---|
| ALPHA-GLUCOSIDASE INHIBITORS | | | | |
| • Acarbose, miglitol | Inhibit intestinal α -glucosidases | Reduce conversion of starch and disaccharides to monosaccharides • reduce post-prandial hyperglycemia | Type 2 diabetes | Oral • rapid onset • <i>Toxicity:</i> Gastrointestinal symptoms • cannot use if impaired renal/hepatic function, intestinal disorders |
| THIAZOLIDINEDIONES | | | | |
| • Pioglitazone | Regulates gene expression by binding to PPAR- γ and PPAR- α | Reduces insulin resistance | Type 2 diabetes | Oral • long-acting (> 24 h) • <i>Toxicity:</i> Fluid retention, edema, anemia, weight gain, macular edema, bone fractures in women • cannot use if CHF, hepatic disease |
| • Rosiglitazone | Regulates gene expression by binding to PPAR- γ | Reduces insulin resistance | Type 2 diabetes | Oral • long-acting (> 24 h) • <i>Toxicity:</i> Fluid retention, edema, anemia, weight gain, macular edema, bone fractures in women • cannot use if CHF, hepatic disease • may worsen heart disease |
| GLUCAGON-LIKE POLYPEPTIDE-1 (GLP-1) RECEPTOR AGONISTS | | | | |
| • Exenatide | Analog of GLP-1: Binds to GLP-1 receptors | Reduces post-meal glucose excursions: Increases glucose-mediated insulin release, lowers glucagon levels, slows gastric emptying, decreases appetite | Type 2 diabetes | Parenteral (SC) • half-life ~2.4 h • <i>Toxicity:</i> Nausea, headache, vomiting, anorexia, mild weight loss, pancreatitis |
| • Liraglutide: Similar to exenatide; duration up to 24 h; immune reactions, possible thyroid carcinoma risk | | | | |
| Dipeptidyl Peptidase-4 (DPP-4) INHIBITORS | | | | |
| • Sitagliptin | DPP-4 inhibitor: Blocks degradation of GLP-1, raises circulating GLP-1 levels | Reduces post-meal glucose excursions: Increases glucose-mediated insulin release, lowers glucagon levels, slows gastric emptying, decreases appetite | Type 2 diabetes | Oral • half-life ~12 h • 24-h duration of action • <i>Toxicity:</i> Rhinitis, upper respiratory infections, headaches, pancreatitis, rare allergic reactions |
| • Saxagliptin, linagliptin: Similar to sitagliptin; longer duration of action | | | | |
| AMYLIN ANALOG | | | | |
| • Pramlintide | Analog of amylin: Binds to amylin receptors | Reduces post-meal glucose excursions: Lowers glucagon levels, slows gastric emptying, decreases appetite | Type 1 and type 2 diabetes | Parenteral (SC) • rapid onset • half-life ~ 48 min • <i>Toxicity:</i> Nausea, anorexia, hypoglycemia, headache |
| BILE ACID SEQUESTRANT | | | | |
| Colesevelam hydrochloride | Bile acid binder | Lowers glucose through unknown mechanisms | Type 2 diabetes | Oral • 24-h duration of action • <i>Toxicity:</i> Constipation, indigestion, flatulence |

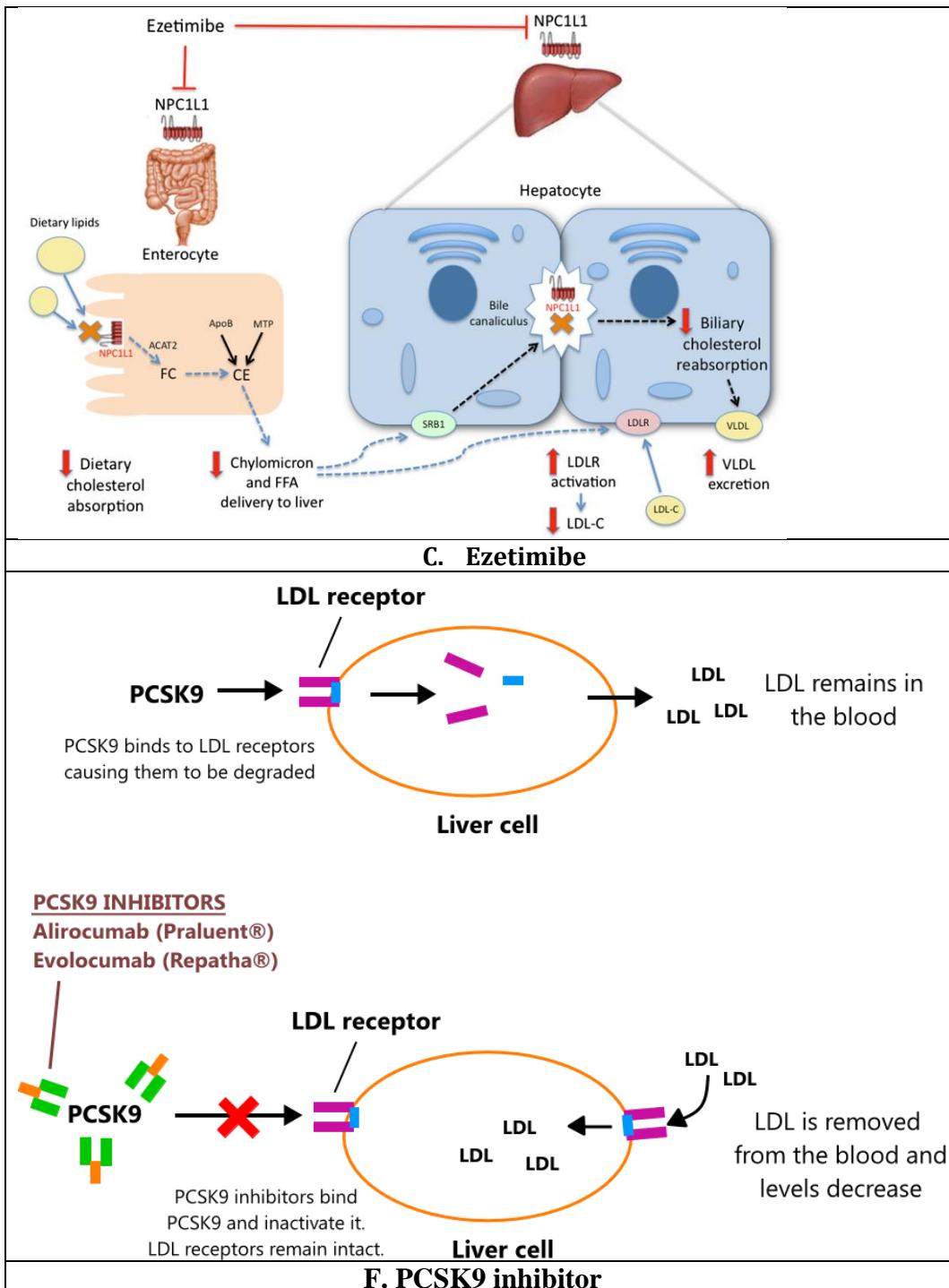
Gambar 5. Profil Kinetik OAD

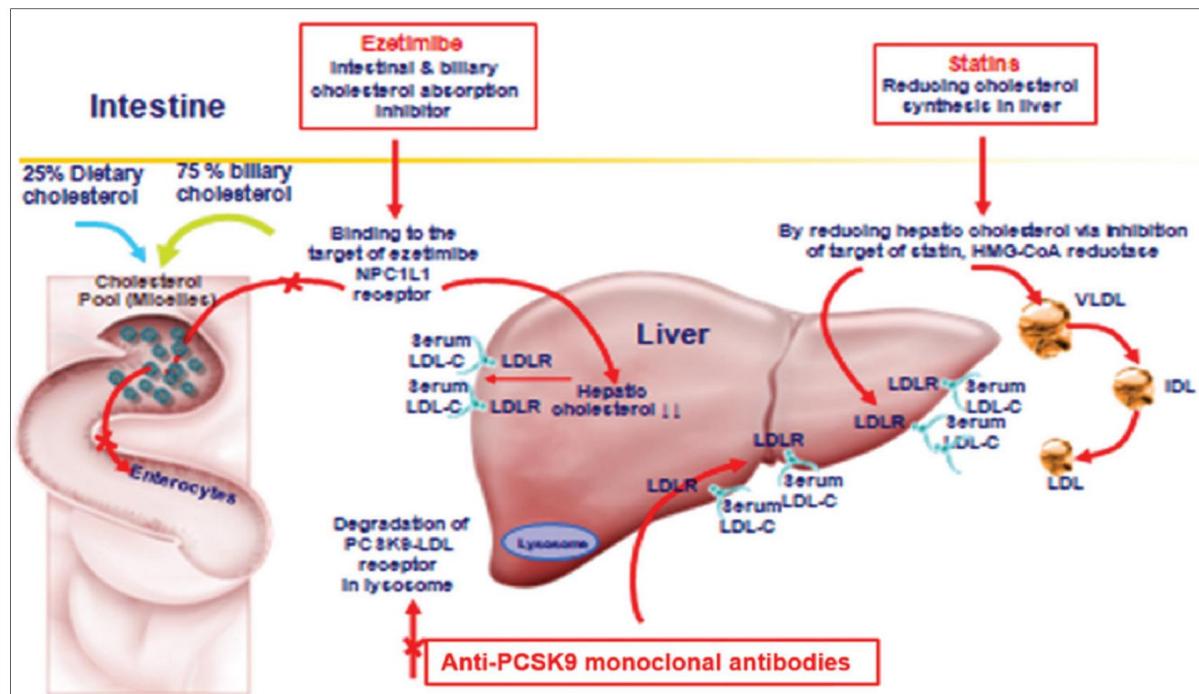
FARMAKOTERAPI OBAT HIPOLIPIDEMI



Gambar 1. Target Kerja Obat Hipolipidemia (Zodda, 2018)







| Subclass | Mechanism of Action | Effects | Clinical Applications | Pharmacokinetics, Toxicities, Interactions |
|--|---|--|--|---|
| STATINS | | | | |
| • Atorvastatin, simvastatin, rosuvastatin, pitavastatin | Inhibit HMG-CoA reductase | Reduce cholesterol synthesis and up-regulate low-density lipoprotein (LDL) receptors on hepatocytes • modest reduction in triglycerides | Atherosclerotic vascular disease (primary and secondary prevention) • acute coronary syndromes | Oral • duration 12–24 h • <i>Toxicity:</i> Myopathy, hepatic dysfunction • <i>Interactions:</i> CYP-dependent metabolism (3A4, 2C9) interacts with CYP inhibitors |
| • Fluvastatin, pravastatin, lovastatin: Similar but somewhat less efficacious | | | | |
| FIBRATES | | | | |
| • Fenofibrate, gemfibrozil | Peroxisome proliferator-activated receptor-alpha (PPAR- α) agonists | Decrease secretion of very-low-density lipoproteins (VLDL) • increase lipoprotein lipase activity • increase high-density lipoproteins (HDL) | Hypertriglyceridemia, low HDL | Oral • duration 3–24 h • <i>Toxicity:</i> Myopathy, hepatic dysfunction |
| BILE ACID SEQUESTRANTS | | | | |
| • Colestipol | Binds bile acids in gut • prevents reabsorption • increases cholesterol catabolism • up-regulates LDL receptors | Decreases LDL | Elevated LDL, digitalis toxicity, pruritus | Oral • taken with meals • not absorbed • <i>Toxicity:</i> Constipation, bloating • interferes with absorption of some drugs and vitamins |
| • Cholestyramine, colestevam: Similar to colesterol | | | | |
| STEROL ABSORPTION INHIBITOR | | | | |
| • Ezetimibe | Blocks sterol transporter NPC1L1 in intestine brush border | Inhibits reabsorption of cholesterol excreted in bile • decreases LDL and phytosterols | Elevated LDL, phytosterolemia | Oral • duration 24 h • <i>Toxicity:</i> Low incidence of hepatic dysfunction, myositis |
| NIACIN | | | | |
| | Decreases catabolism of apo AI • reduces VLDL secretion from liver | Increases HDL • decreases lipoprotein(a) [Lp(a)], LDL, and triglycerides | Low HDL • elevated VLDL, LDL, Lp(a) | Oral • large doses • <i>Toxicity:</i> Gastric irritation, flushing, low incidence of hepatic toxicity • may reduce glucose tolerance |
| • Extended-release niacin: Similar to regular niacin • Sustained-release niacin (not the same as extended-release product): Should be avoided | | | | |

FARMAKOTERAPI OBAT SISTEM GIT & HEPATOBILIER

| Subclass | Mechanism of Action | Effects | Clinical Applications | Pharmacokinetics, Toxicities, Interactions |
|--|---|--|---|--|
| ANTIEMETIC DRUGS | | | | |
| • Ondansetron, other 5-HT ₃ antagonists | 5-HT ₃ blockade in gut and CNS with shorter duration of binding than alosetron | Extremely effective in preventing chemotherapy-induced and postoperative nausea and vomiting | First-line agents in cancer chemotherapy; also useful for postop emesis | Usually given IV but orally active in prophylaxis • 4–9 h duration of action • very low toxicity but may slow colonic transit |
| • Aprepitant | NK ₁ -receptor blocker in CNS | Interferes with vomiting reflex • no effect on 5-HT, dopamine, or steroid receptors | Effective in reducing both early and delayed emesis in cancer chemotherapy | Given orally • IV fosaprepitant available • fatigue, dizziness, diarrhea • CYP interactions |
| <ul style="list-style-type: none"> Corticosteroids: Mechanism not known but useful in antiemetic IV cocktails Antimuscarinics (scopolamine): Effective in emesis due to motion sickness; not other types Antihistaminics: Moderate efficacy in motion sickness and chemotherapy-induced emesis Phenothiazines: Act primarily through block of D₂ and muscarinic receptors Cannabinoids: Dronabinol is available for use in chemotherapy-induced nausea and vomiting, but is associated with CNS marijuana effects | | | | |
| DRUGS USED IN INFLAMMATORY BOWEL DISEASE (IBD) | | | | |
| • 5-Aminosalicylates, eg, mesalamine in many formulations | Mechanism uncertain • may be inhibition of eicosanoid inflammatory mediators | Topical therapeutic action • systemic absorption may cause toxicity | Mild to moderately severe Crohn's disease and ulcerative colitis | Sulfasalazine causes sulfonamide toxicity and may cause GI upset, myalgias, arthralgias, myelosuppression • other aminosalicylates much less toxic |
| • Sulfasalazine | | | | GI upset, mucositis • myelosuppression • purine analogs may cause hepatotoxicity, but rare with methotrexate at the low doses used |
| • Purine analogs and antimetabolites, eg, 6-mercaptopurine, methotrexate | Mechanism uncertain • may promote apoptosis of immune cells • Methotrexate blocks dihydrofolate reductase | Generalized suppression of immune processes | Moderately severe to severe Crohn's disease and ulcerative colitis | |
| • Anti-TNF antibodies, eg, infliximab, others | Bind tumor necrosis factor and prevent it from binding to its receptors | Suppression of several aspects of immune function, especially Th1 lymphocytes | Infliximab: Moderately severe to severe Crohn's disease and ulcerative colitis • others approved in Crohn's disease | Infusion reactions • reactivation of latent tuberculosis • increased risk of dangerous systemic fungal and bacterial infections |
| <ul style="list-style-type: none"> Corticosteroids: Generalized anti-inflammatory effect; see Chapter 39 | | | | |
| DRUGS FOR IRRITABLE BOWEL SYNDROME (IBS) | | | | |
| • Alosetron | 5-HT ₃ antagonist of high potency and duration of binding | Reduces smooth muscle activity in gut | Approved for severe diarrhea-predominant IBS in women | Rare but serious constipation • ischemic colitis • infarction |
| <ul style="list-style-type: none"> Anticholinergics: Nonselective action on gut activity, usually associated with typical antimuscarinic toxicity Chloride channel activator: Lubiprostone (see above); useful in constipation-predominant IBS in women | | | | |
| PANCREATIC SUPPLEMENTS | | | | |
| • Pancrelipase | Replacement enzymes from animal pancreatic extracts | Improves digestion of dietary fat, protein, and carbohydrate | Pancreatic insufficiency due to cystic fibrosis, pancreatitis, pancreatectomy | Taken with every meal • may increase incidence of gout |
| <ul style="list-style-type: none"> Pancreatin: Similar pancreatic extracts but much lower potency; rarely used | | | | |
| BILE ACID THERAPY FOR GALLSTONES | | | | |
| • Ursodiol | Reduces cholesterol secretion into bile | Dissolves gallstones | Gallstones in patients refusing or not eligible for surgery | May cause diarrhea |
| DRUGS USED TO TREAT VARICEAL HEMORRHAGE | | | | |
| • Octreotide | Somatostatin analog • mechanism not certain | May alter portal blood flow and variceal pressures | Patients with bleeding varices or at high risk of repeat bleeding | Reduced endocrine and exocrine pancreatic activity • other endocrine abnormalities • GI upset |
| <ul style="list-style-type: none"> β Blockers: Reduce cardiac output and splanchnic blood flow; see Chapter 10 | | | | |

V. TUGAS MAHASISWA

Diskusikan kasus di bawah ini dalam kelompok

- Jawaban kasus ditulis dalam **LAPORAN (word)** berupa:
 - Judul ditulis **LAPORAN PRAKTIKUM FARMAKOLOGI →** (enter) judul **BLOK**
 - Format penulisan: Times New Roman, font uk 12, rata kanan kiri, penulisan rapi, warna font hitam, spasi 1,5
 - jawaban **TIDAK COPY PASTE ANTAR KELOMPOK**

- Pembuatan Tabel tidak *screen shoot* dari referensi, melainkan membuat sendiri, kecuali gambar
 - Jika referensi diperoleh dari jurnal asing, harap menerjemahkan dahulu ke Bahasa Indonesia
 - Penjelasan lengkap pada word **HARUS MENCANTUMKAN REFERENSI TERBARU DAN LAYAK** di setiap jawaban
- b. Menyiapkan presentasi dalam **bentuk ppt**, berupa **jawaban singkat/ringkas** (bukan *copy paste* dari poin a)
 - c. Sumber referensi (jurnal) dari jawaban poin a **diberi identitas** (jurnal tersebut untuk menjawab kasus yang mana)
 - d. Poin a,b, dan c dimasukkan google drive dan dikirimkan lewat **email farmako fkumm**

I. FARMAKOTERAPI OBAT DIABETES MELLITUS DAN OBAT DISPEPSIA

KASUS 1

Seorang pria, 53 tahun datang dengan keluhan sering kesemutan di kedua kaki. Pasien juga mengeluh cepat haus, cepat lapar, banyak BAB, dan penurunan berat badan (BB sebelumnya: 85kg). Keluhan disertai ulu hati terasa tidak nyaman dan kadang mual. Riwayat minum obat metformin. Riwayat merokok (+). Pasien pernah didiagnosis DM 10 tahun yang lalu namun tidak rutin minum obat dan kontrol ke dokter. Pemeriksaan fisik didapatkan TD 145/90 mmHg, RR 22 kali/menit, HR 88 kali/menit, suhu afebris, BB = 72 kg, TB = 170 cm. Tes neurologis didapatkan *gloves and stocking* (+). Pemeriksaan laboratorium didapatkan GDP 130 mg/dL ($N < 100-125$ mg/dL), HbA1c: 8% ($N < 6\%$), dan kolesterol total 250 mg/dL ($N < 200$ mg/dL). Satu minggu setelahnya pasien dicek tes toleransi glukosa oral dan didapatkan gula darah postprandial 250 mg/dL ($N < 200$ mg/dL).

Tugas:

1. Dokter menyimpulkan pasien menderita DM tipe II dan merencanakan pemberian OAD untuk pasien.
 - a. Golongan OAD mana yang tepat untuk kasus tersebut? Jelaskan dengan membuat TABEL perbandingan masing-masing OAD tersebut termasuk cantumkan jenis obat, dosis, farmakodinamik, kelebihan, dan kekurangan sesuai kasus (jelaskan berdasarkan referensi terbaru dan lampirkan jurnalnya)!
 - b. Apakah pasien sudah memerlukan injeksi insulin? Jelaskan alasannya? (sertakan referensi)
 - c. Bagaimana tatalaksannya bila terjadi hipoglikemi? Jelaskan dengan membuat ALUR tatalaksana berdasarkan referensi terbaru dan lampirkan jurnalnya!
2. Apakah pasien perlu mendapatkan obat anti dislipidemia? Jika perlu sebutkan obat anti dislipidemia yang tepat diberikan untuk pasien tersebut (termasuk farmakodinamik, dosis, cara pemakaian, indikasi, dan efek samping) (Jelaskan dengan membuat TABEL perbandingan masing-masing obat anti dislipidemia tersebut berdasarkan referensi terbaru dan lampirkan jurnalnya)!
3. Sebagai terapi dislipidemia, Dokter memutuskan untuk memberikan obat golongan statin. Jelaskan efek pleiotropik obat golongan statin! (Sertakan referensi terbaru dan lampirkan jurnalnya).

II. FARMAKOTERAPI OBAT SISTEM HEPATOBILIER DAN ANTI DISLIPIDEDEMIA KASUS 2

Seorang wanita, 48 tahun, sering mengalami nyeri perut di kanan atas setelah makan. Nyeri makin sering terjadi ketika ia mengkonsumsi makanan berlemak. Kadang-kadang juga disertai mual dan muntah. Ia sudah mencoba mengobatinya sendiri dengan obat-obat gastritis, namun hanya berkurang sedikit. Pasien juga sering mengkonsumsi makan makanan berlemak, bersantan, dan makanan cepat saji. Pemeriksaan fisik didapatkan TD 165/100 mmHg, RR 22 kali/menit, HR 88 kali/menit, suhu afebris, BB = 85 kg, TB = 167 cm. Pemeriksaan laboratorium didapatkan kolesterol total 350 mg/dL (N<200mg/dL), LDL 168 mg/dL (N<100 mg/dL), HDL 30 mg/dL (N=35-80 mg/dL) dan Trigliserida 162 mg/dL (N<150 mg/dL). Hasil pemeriksaan USG menunjukkan ada beberapa batu kecil di kandung empedunya. Penderita menolak operasi, dan dokter memberikan obat berupa Ursodiol.

Tugas :

1. Dokter memberikan obat dispepsia untuk menurunkan keluhan pasien. Apakah obat dispepsia yang tepat untuk pasien tersebut? Dan bedakan masing-masing dalam bentuk tabel (jelaskan dengan membuat TABEL serta tanyakan berdasarkan referensi terbaru dan lampirkan jurnalnya)
2. Perlukah penderita diberikan obat antivomiting? Jelaskan alasannya!
3. Jelaskan penggolongan obat antivomiting dan bedakan mekanisme kerja, indikasi, KI, efek samping serta bagaimana penggunaannya! (jelaskan dengan membuat TABEL serta tanyakan berdasarkan referensi terbaru dan lampirkan jurnalnya)
4. Apa tujuan dokter memberikan Ursodiol dan bagaimana cara penggunaannya? (jelaskan berdasarkan referensi terbaru dan lampirkan jurnalnya)

VI. RUBRIK PENILAIAN

Penilaian Pre-Test

| PENILAIAN PRE-TEST PRAKTIKUM | | | | | |
|------------------------------|--------|-------|-----------------------------------|---------------|---|
| NO | MATERI | BOBOT | RUBRIK PENILAIAN | | JUMLAH |
| | | | 0 | 1 | |
| | | | tidak menjawab atau jawaban salah | Jawaban benar | |
| | NILAI | | | | (jumlah jawaban benar : jumlah soal) x 100% |

Penilaian Ujian Praktikum

| PENILAIAN UJIAN PRAKTIKUM FARMAKOLOGI BLOK NMS 1 | | | | | |
|--|--------|-------|------------------|---|--------|
| NO | MATERI | BOBOT | RUBRIK PENILAIAN | | JUMLAH |
| | | | 0 | 1 | |
| | | | | | |
| | | | | | |

| | | | | | |
|-------|----|--|--|--|---|
| | | | | | |
| TOTAL | 10 | | | | (jumlah jawaban benar : jumlah soal) x 100% |

Penilaian Laporan Dan Diskusi

| | | 60 | 70 | 80 |
|---|--|----|----|----|
| 1 | Kebenaran dan kelengkapan jawaban | | | |
| 2 | Jawaban berdasarkan Referensi yang benar | | | |
| 3 | Keaktifan kelompok dalam diskusi | | | |

Nilai Akhir Praktikum Farmakologi Blok Neoplasma = 10%

PRETEST + 20% LAPORAN + 70% MCQ

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