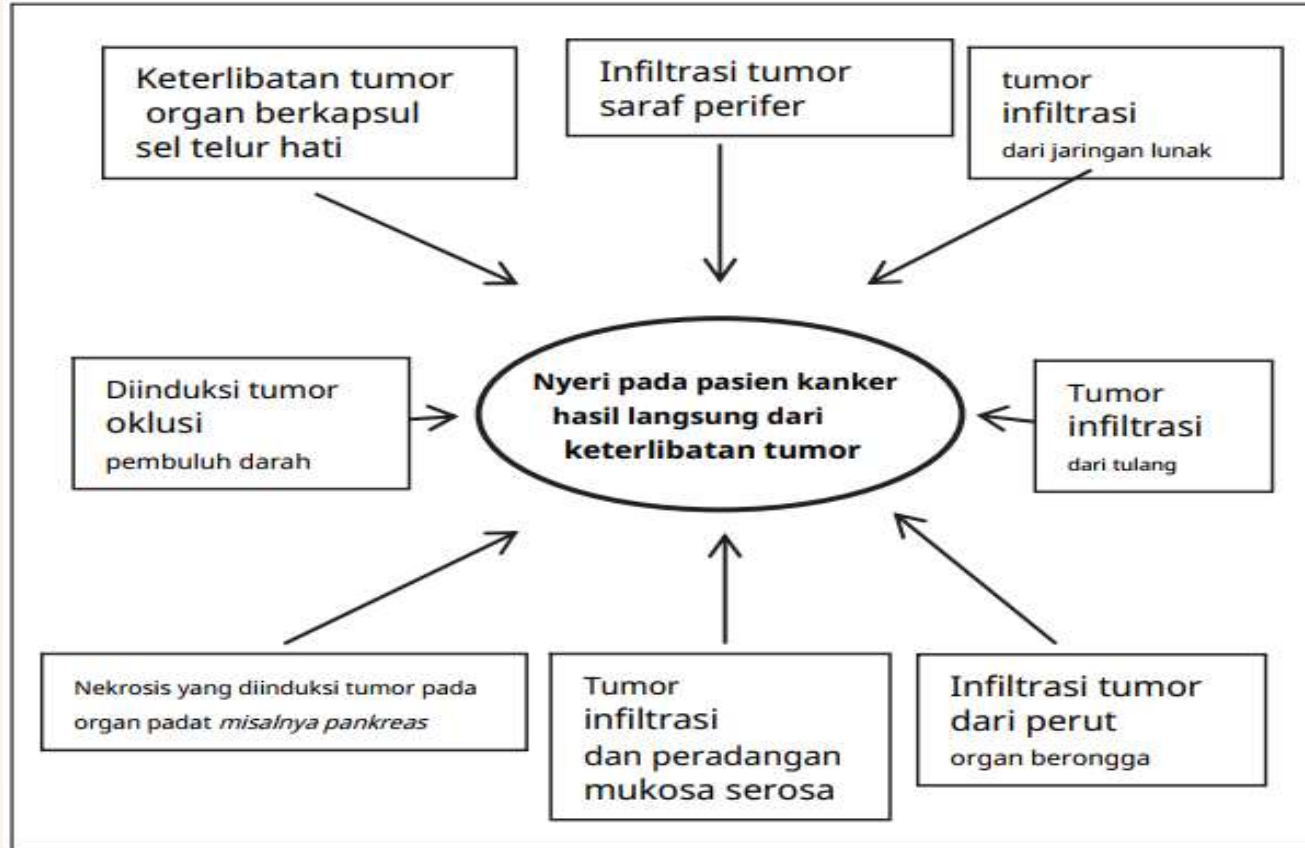


Palliative Care

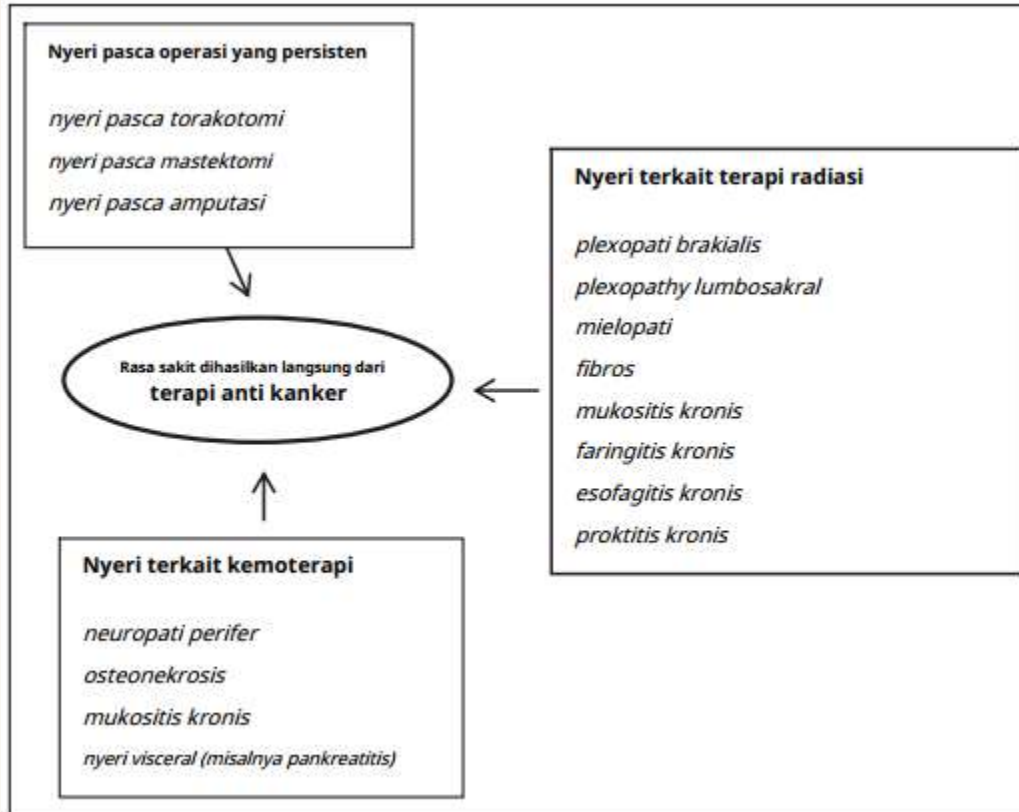
By

Fakultas Kedokteran Universitas Muhammadiyah Malang

Mekanisme Nyeri pada Kanker



Mekanisme nyeri pada pasien kanker sebagai akibat langsung dari pengobatan antikanker



Terminologi



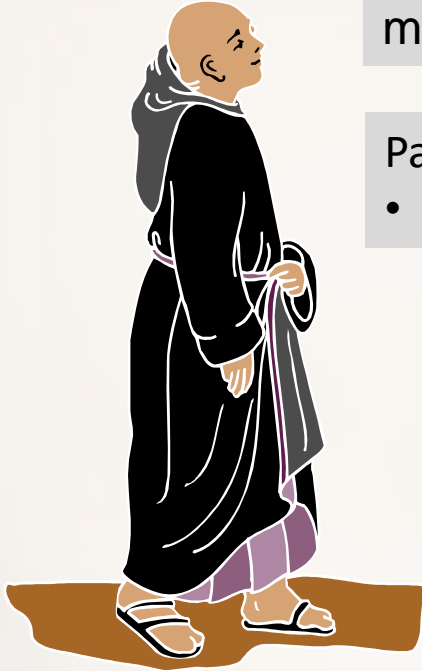
Paliatif (KBBI) : cara, ikhtiar yang melunakkan, meringankan, mengurangi penderitaan

Paliatif (latin) :

- *Pallium / palliare* : menutupi

Dalam pelayanan kesehatan

- Meringankan = mengurangi keparahan gejala penyakit tanpa menyembuhkan atau menghilangkan penyebab yang mendasarinya.

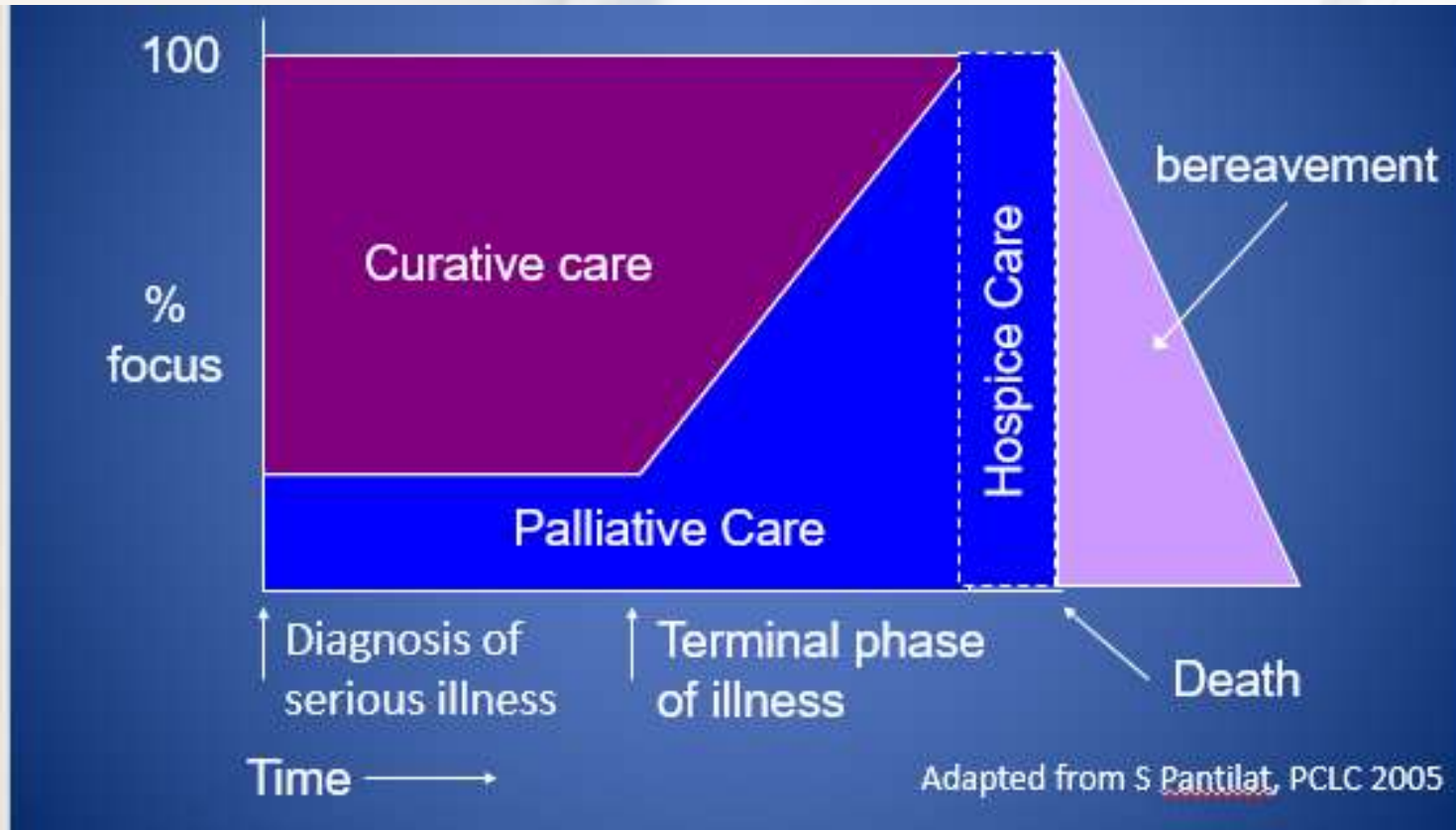


Hal Penting dalam Terapi Paliatif



- Mengobati, mencegah, meredakan gejala dari penyakit serius atau progresif tapi tidak menyembuhkannya
- Memaksimalkan kualitas hidup
- Tatalaksana manajemen nyeri dan gejala lainnya
- Komunikasi antara dokter yang merawat
- Koordinasi antara petugas medis dan fasilitas kesehatan
- Membantu pasien mengambil keputusan tentang perawatan
- Memberi dukungan dan pengetahuan pada *caregivers*

Kapan dilakukan *Palliative Care*



Kegiatan *Palliatif Care*



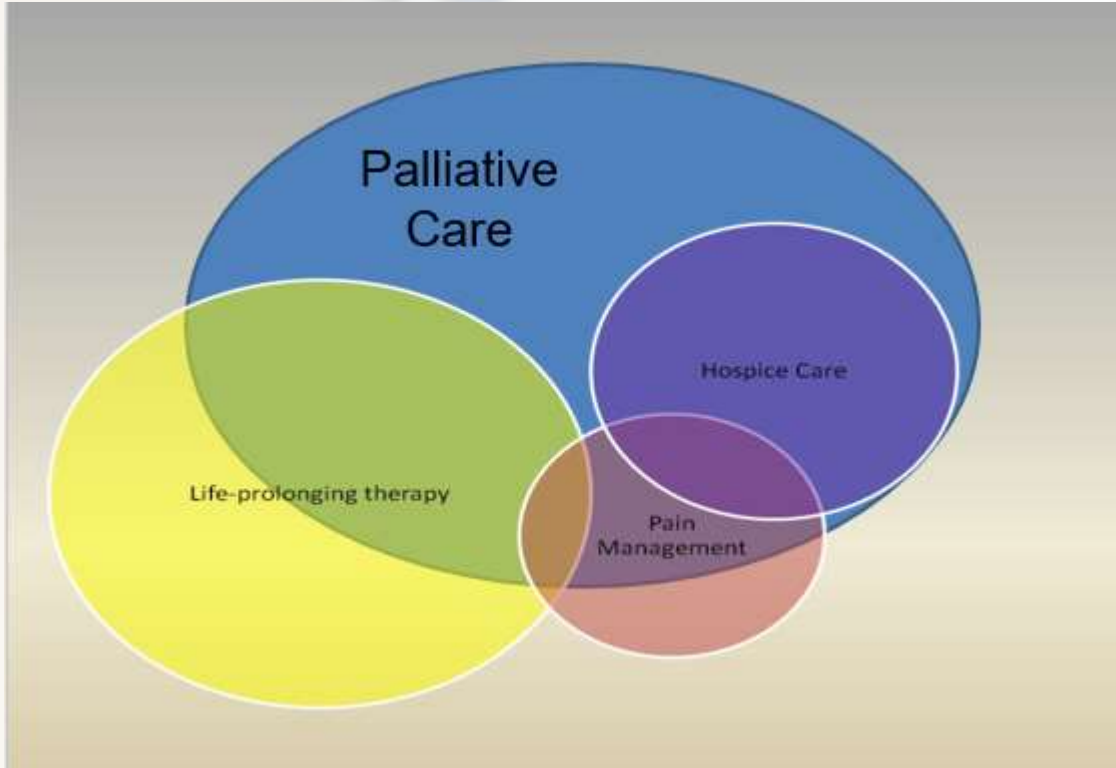
- Waktu untuk pertemuan keluarga dan konseling pasien/keluarga
 - Mengkoordinasikan pertemuan interdisipliner untuk membahas prognosis dan pilihan pengobatan
 - Menetapkan tujuan perawatan
- Memberi dukungan dalam menyelesaikan konflik
 - Tujuan perawatan
 - Permintaan DNR dan perawatan
- Melakukan koordinasi dalam perawatan komprehensif
 - Pendaftaran pasien sampai pulang

Peran Petugas Perawatan Paliatif

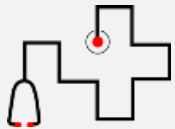


	Medical doctor	Non-physician clinician	Nurse	Community health worker
Pain management				
Conduct pain assessments	x	x	x	x
Treat mild, moderate and severe pain using chronic pain management guidelines, including oral morphine	x	x	x	
Teach the patient and caregiver how to give pain medicine, including oral morphine	x	x	x	x
Prevent, recognize and treat the side-effects of pain medications	x	x	x	
Advise on non-pharmacological methods of controlling pain	x	x	x	x
Treat extreme, non-responsive pain appropriately, including through the use of steroids where indicated	x	x		
Symptom management				
Manage other common symptoms (weight loss, nausea, fever, diarrhoea, trouble sleeping, anxiety etc.)	x	x	x	
Psychosocial support and end-of-life care				
Counselling, psychosocial and spiritual support	x	x	x	x
Support for patient at end of life	x	x	x	x
Support for caregivers, family members and children	x	x	x	x
Supervision				
Supervise non-physician clinicians, nurses and community health workers in above activities	x			
Supervise nurses and community health workers in above activities	x	x		
Supervise community health workers in above activities	x	x	x	

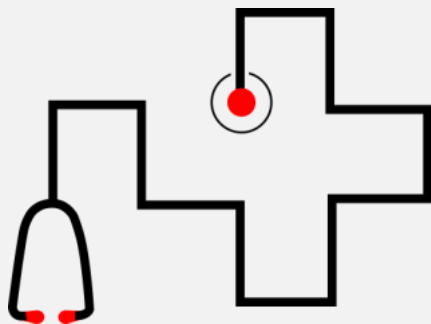
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Daftar Pustaka



Thank you

Insert the title of your subtitle Here